

Dr. Judith-Jolie Mairs



An accomplished professional with a mélange of disciplines, Dr. Judith-Jolie Mairs-Levy wears many hats. Her area of expertise includes, but are not limited to, Public Health, Cross-Cultural Health Care, Equity and Cultural Competence in Health Care, Medical Technology, Epidemiology, Community Health and Prevention, Disaster and Emergency Preparedness and Mitigation, Palliative and Long-Term Care, Abnormal and Personality Psychology, and Veterans'-Related Affairs.

Dr. Mairs-Levy is also a Cross-Cultural & Integrative Health and Wellness-Public Health Practitioner and Research Analyst, Certified National Crisis Counsellor, a Masters Health Education Specialist, Medical and Cultural Anthropologist, Medical Writer, High School and Public Health Mentor and Volunteer, Grants and Proposal Writer and Reviewer, and serves as Editor and Reviewer for numerous Nursing, Medical, and Scientific professional journals. With a Doctorate in Public Health Education and Research, and a Master Certified Community and Health Education Specialist (MCHES). She is also a University Professor, Doctoral Faculty & Chair, who has developed and facilitated numerous courses and related topics at the undergraduate and graduate levels, including but not limited to: General Health, Medical and Life Sciences and Nursing, Geriatrics, Nursing Essentials, Patient Safety and Quality Improvement in Healthcare, Pharmacy Essentials, Non-Profit and Organizational Business Management, Allied and General Health Care Administration and Business, Health Care Systems, Program Monitoring and Evaluation, Research Methodology, and Health Care Financial Management among others.

Dr. Mairs-Levy has authored and co-authored numerous peer-reviewed articles for several medical and public health related journals, and with various teams, secured several successful grant proposals for implementation of community child-abuse outreach, HIV/AIDS, health disparities and inequities, and cross-cultural health and wellness. She is also the founder of "No Disparities," a non-profit foundation geared towards bridging the gaps in health, education, research, and psycho-socio-cultural needs and services. She currently serves as reviewer and editor for several medical, business, and health management journals, and is incredibly involved in her community, where she carves times from her busy schedule to volunteer her time towards improving lives and her community.

She is committed to advancing diversity, equity, inclusion, and belonging (DEI&B), and currently sits on the board for several organizations. In 2022, she was appointed by the Mayor as a Commissioner on the Montgomery County' Senior Citizens Council Commission. She is also a member of the Rockville Community Caregiver Grant Program Application Review Panel, and is currently working with fellow Commissioner, Dr. Kumar, on a project geared toward reducing the burden of social isolation (SI) among older adults/seniors, as she believes that SI not only creates strain on an already burdened healthcare system, but is also associated with a greater risk of anxiety, dementia, depression, heart disease, and even an overall reduced life span.

Email: jmairs1285@gmail.com

Mobile: +1 301 919-8677

Dr. Judith-Jolie Mairs

Dr. Mairs-Levy's diverse combination of skills set and experience, affords her a unique and multi-faceted understanding of the management and daily operations of traditional health care as well as tele-health/tele-medicine, hospital systems and related budget and finance, community grassroots programs geared towards prevention, and improvement in health and living conditions, life and health insurance systems and operations, the need for cultural competency, sensitivity and diversity in health care settings. She is also adept in Cybersecurity, Program/project monitoring and evaluation, successful and sustainable Medical Construction, LEED + Lean/GREEN Health Infrastructure and related benefits to health outcomes and well-being, Tele-Health/Tele-Medicine, Workplace and Healthcare diversity & Inclusion, Occupational and Environmental health, health care reform, and comparative healthcare systems.

At St. Christopher's Children's Hospital in Philadelphia, Dr. Mairs-Levy collaborated with Dr. Judith McColgan (M.D.) on the development of a critical curriculum for medical pediatric residents, geared to improving their knowledge, attitudes and how to detect, suspect, and report cases of child abuse, as they deliver care. She was integral to several successful grant proposals for implementation of community child-abuse outreach, and others for health and wellness programs.

Dr. Mairs-Levy graduated at the top of her Doctoral Program, where she was the recipient of the program's 'distinction award,' and while at Drexel University, she was also the proud internship recipient of the prestigious "Bridging the Gaps" award, from the Drexel School of Medicine. This opportunity placed her at the Liberty Centre in Philadelphia where she worked and collaborated with survivors of torture (SOT)/refugees from over eighty countries. This experience fueled her passion for humanity, reducing injustice and violence, helping those who are 'voiceless' and those who struggle in unusually challenging ways each day. This experience was a driving force for her current seat on the advisory board for the National Association of County and City Health Officials (NACCHO) partnership with the National Resource Center for Refugees, Immigrants, and Migrants (NRC-RIM).

Dr. Mairs-Levy has been a critical member of the National Dissemination Task Force on Best Practices for advancing care, equity and treatment for individuals, particularly women of color (WOC), living with HIV/AIDS; a multi-sited, HRSA-funded project with the Einstein School of Medicine, and the University of Massachusetts, and one of the Nation's 'Special Projects of National Significance' (SPNS). She was instrumental in the development of a National manual to benefit recipients of Ryan White grants, related care providers, the health care community, including non-profit-based organizations, health scientists, people living with HIV/AIDS (PLWHA), especially those in underserved communities, who have been disproportionately affected and inequitably burdened by HIV/AIDS. This initiative in collaboration with the City of Philadelphia, Department of Public Health, was completed in late 2023.

She was also an integral force in the implementation of the first mobile Syringe Exchange Program in New Jersey at the University of Medicine and Dentistry of New Jersey (UMDNJ); related logistical development of brochures for the Camden Syringe Access Program Blood Borne Pathogens Exposure Control Plan Template; and in 2007, she collaborated with The Department of Human Services (Division of Addiction Services) to develop the New Jersey Drug and Alcohol Abuse Treatment.

Dr. Mairs-Levy is also a recognized expert in fields of study and practice that explore topics including but not limited to Cultural Competency in health care, HIV/AIDS, Alzheimer's, Autism, built environments and food in/security, the marginalized and underserved, disease prevention and health literacy; access to

Email: jmairs1285@gmail.com

Mobile: +1 301 919-8677

Dr. Judith-Jolie Mairs

care; community-based research; and social determinants of health. Her research interests are positioned within a framework of health promotion and disease prevention, wholistic care, education and employment opportunities for the poor, social justice, health equity, and access for the disabled/physically challenged, as well as pandemics, global, and population health.

Her desire and passion to ‘serve the underserved’, brought her to Nairobi, Kenya in 2023 where she presented on and brought telemedicine and related resources to remote villages. She was invited by a sustainability company that provides electricity, better sanitation, clean and safer drinking water, sustainable agri-farming and employment opportunities, and not in the least, telemedicine/telehealth, to remote villages. Dr. Mairs-Levy also delivered a presentation at the company’s opening event on March 1, 2023, on telehealth dynamics and provisions to remote villages in Kisumu, such as the village of Sinderma (dubbed the “Forgotten Mile”), and eventually to similar remote villages in Kenya. This initiative was widely received and endorsed by the Governor of Kisumu, Village Chiefs and related officials, and the people of Kisumu.

Dr. Mairs-Levy is a graduate of the Universities of Toronto and York in Toronto, Canada, and Drexel, Benedictine, and A.T. Still School of Osteopathic Medicine, Dentistry & Health Sciences in the USA. Her professional qualifications includes a Doctorate in Public Health Education and Research, a MPH with concentrations in Epidemiology and Health Promotion, and Disaster Preparedness and Mitigation, a combined Honors Double Major degree in Medical Anthropology and Health & Society (Jr. Msc.), a Premed/B.Sc. in Psychology, with concentrations in Abnormal, and Personality Psychology, as well as a degree in Medical Lab Technology.

Originally from Toronto, Canada, Dr. Mairs-Levy hails from a diverse ancestral background, and one she is immensely proud of, as it affords her more relatability to diverse groups, settings, and individuals. Cultures, languages, and people have always innately piqued her interest. As such, she enjoys travel, learning different languages, several in which she is fluent, with working knowledge of others. Dr. Mairs-Levy’s other interests include but are not limited to, volunteerism and charity-related events, cooking, wine-tasting, music (esp. Jazz), frolicking in the snow, horse-back riding, tennis, soccer, reading, interior decorating, and spending quality time socializing with friends and family.

Dr. Mairs-Levy currently resides in Bethesda, MD, and within the Washington, DC metropolitan area.

Email: jmairs1285@gmail.com

Mobile: +1 301 919-8677